

FACULTY OF CULINARY ARTS

FINAL EXAMINATION

Student ID (in Figures) :

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Student ID (in Words) : _____

Course Code & Name : **CUL1173 NUTRITION AND SENSORY ANALYSIS**
Trimester & Year : JAN-APRIL 2019
Lecturer/Examiner : Haryati Abu Husin
Duration : 2 Hours

INSTRUCTIONS TO CANDIDATES

1. This question paper consists of 3 parts:
 - PART A (20 marks) : TWENTY (20) multiple choice questions. Answers are to be shaded in the Multiple Choice Answer Sheet provided.**
 - PART B (60 marks) : SIX (6) short answer questions. Answers are to be written in the Answer Booklet provided.**
 - PART C (20 marks) : ONE (1) Essay Question. Answers are to be written in the Answer Booklet provided.**
2. Candidates are not allowed to bring any unauthorised materials except writing equipment into the Examination Hall. Electronic dictionaries are strictly prohibited.
3. This question paper must be submitted along with all used and/or unused rough papers and/or graph paper (if any). Candidates are NOT allowed to take any examination materials out of the examination hall.
4. ONLY ballpoint pens are allowed to be used in answering the questions, with the exception of multiple choice questions, where 2B pencils are to be used.

WARNING: The University Examination Board (UEB) of BERJAYA University College regards cheating as a most serious offence and will not hesitate to mete out the appropriate punitive actions according to the severity of the offence committed, and in accordance with the clauses stipulated in the Students' Handbook, up to and including expulsion from BERJAYA University College.

Total Number of pages =8 (Including the cover page)

PART B : SHORT ANSWER QUESTIONS (60 MARKS)

INSTRUCTION(S) : **SIX (6)** short answer questions. Answer **ALL** questions in the Answer Booklet(s) provided

1. Create **ONE(1)** recipe for a toddler (aged 3 years old) who currently is underweight. (10 marks)
2. Suggest ways to improve the nutrient intake for cancer patients. (10 marks)
3. Suggest reasons why dietary supplements should be considered for vegetarians. (10 marks)
4. Detail out the impact of someone who practices consuming a high protein diet. (10 marks)
5. Elaborate the functions of iron and folic acid for pregnant women (10 marks)
6. Discuss the similarities between My Plate and Malaysian Dietary Guidelines 2010 (10 marks)

END OF PART B

PART C : ESSAY QUESTION (20 MARKS)

INSTRUCTION(S) : ONE (1) essay question. Answer ALL questions in the Answer Booklet(s) provided.

1. You are required to give a talk to all BERJAYA University College first semester, first year students. The title of the talk is “ **Approach for developing a good sense of eating pattern and healthy lifestyle among college students**”. Prepare the talk using relevant information. (20 marks)

END OF EXAM PAPER